## LAUNCH Curriculum

- Understanding yourself, your resources and your rights
- Requesting accommodations
- Developing your personal brand
- Self-advocacy
- Building self-management skills related to employment and college
- Making and achieving personal goals
- Social skills in the "adult world"
- Making and keeping friends
- Understanding the value of work,
  expectations and career development
- Job searching, matching and associated skills to obtain and maintain meaningful employment
- Developing an understanding of benefits, paycheck deductions and budgeting strategies

## LAUNCH Academy Semester Schedule

- Fall (August-December):
- Attend class 4 days a week;
- Attend mentoring two afternoons a week;
- Participate in optional electives.
- Spring (January-April):
- Attend class 4 days a week;
- Attend mentoring two afternoons a week;
- Participate in optional electives,
- Attend Applied Learning Experience for minimum 4 hours a week.

